## What's in my control?

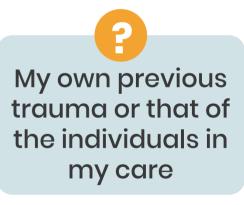
Focusing on the things within our control can help us make a positive difference for the people we support.













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